

LYNNWOOD

TIMES

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Real Impact

PERSONS OF THE YEAR



Congratulations to Jesse Hayes, Olympia Edwards, and Karina Gasperin

Boeing and Atlas Air celebrate delivery of final 747



Boeing and Atlas Air Worldwide final 747 delivery to Atlas, bringing to a close more than a half century of production. SOURCE: Boeing | Paul Weatherman

By THE BOEING COMPANY

EVERETT, Wash., February 1, 2023—Boeing and Atlas Air Worldwide joined thousands of people – including current and former employees as well as customers and suppliers – to celebrate the delivery of the final 747 to Atlas, bringing to a close more than a half century of production.

Boeing employees who designed and built the first 747, known as the “Incredibles,” returned to be honored at the Everett factory where the journey of the 747 began in 1967. The factory produced 1,574 airplanes over the life of the program.

“This monumental day is a testament to the generations of Boeing employees who brought to life the airplane that ‘shrank the world,’ and revolutionized travel and air cargo as the first widebody,” said Stan Deal, president and chief executive officer of Boeing Commercial Airplanes. “It is fitting to deliver this final 747-8 Freighter to the largest operator of the 747, Atlas Air, where the ‘Queen’ will continue to inspire and empower innovation in air cargo.”

“We are honored to continue our long history of flying this iconic aircraft for our customers around the world,” said John Dietrich, president and chief executive officer, Atlas Air Worldwide. “Atlas Air was founded over 30 years

ago with a single 747-200 converted freighter, and since then, we have spanned the globe operating nearly every fleet type of the 747, including the Dreamlifter, Boeing’s 747 Large Cargo Freighter, for the transport of 787 Dreamliner parts. We are grateful to Boeing for their shared commitment to safety, quality, innovation and the environment, and for their partnership to ensure the continued success of the 747 program as we operate the aircraft for decades to come.”

As the first twin-aisle airplane and “jumbo jet,” the “Queen of the Skies” enabled airlines to connect people across vast distances and provide non-stop trans-oceanic flights. Its development solidified Boeing’s role as an industry leader in commercial aviation. The airplane’s core design with its distinctive hump and seating in the upper deck has delighted generations of passengers and operators alike. Boeing continued to improve on the original design with models like the 747-400 in 1988 and the final 747-8 model that was launched in 2005; across all the models, the jet has delivered unmatched operating economics and efficiency to travel and air cargo markets.

As a leading global aerospace company, Boeing develops, manufactures and services commercial airplanes, defense products and space systems for customers in more than 150 countries. As a top U.S. exporter, the company lever-

ages the talents of a global supplier base to advance economic opportunity, sustainability and community impact. Boeing’s diverse team is committed to innovating for the future, leading with sustainability, and cultivating a culture based on the company’s core values of safety, quality and integrity. Join our team and find your purpose at boeing.com/careers.

BOEING TO ESTABLISH FOURTH 737 MAX ASSEMBLY LINE IN EVERETT

In an internal email sent to Boeing employees on Monday, January 30, 2023, it was announced that the former 787 Dreamliner factory bay in Everett will be converted to a fourth 737 MAX assembly line. The new line is expected

to open in the second half of 2024.

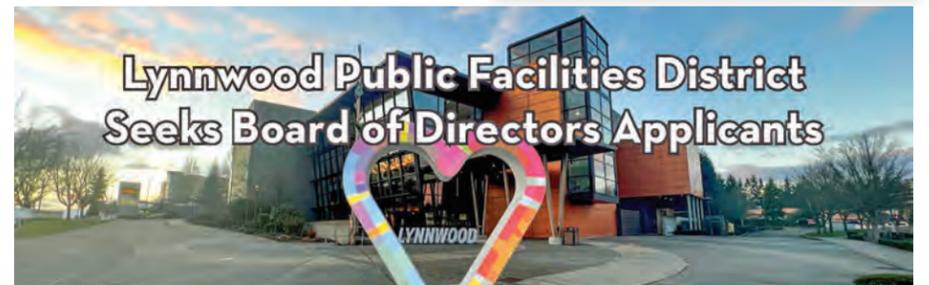
Rep. Rick Larsen (WA-02), the lead Democrat on the Transportation & Infrastructure Committee, released the below statement on Boeing’s decision to establish a fourth 737 MAX assembly line in Everett, which is expected to open in 2024:

“Boeing’s decision to establish a fourth 737 MAX assembly line in Everett is great

Continued **PAGE 07 >>**

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LYNNWOOD TIMES

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LETTERS TO THE EDITOR

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LETTERS POLICY
The Lynnwood Times welcomes letters to the editor of no more than 400 words. Letters will be printed as promptly as possible, as space allows.

To be considered for publication, letters must include a *first* and *last name*, *address* and *phone number* for verification purposes. We also reserve the right to edit letters as necessary for brevity, grammar and decorum.

Bipartisan effort for safer commutes on roadways

By RENEE DIAZ

OLYMPIA, Wash., February 1, 2023—Lawmakers from both sides of the aisle joined Governor Jay Inslee to say they are backing a package of new laws aimed at safer roads by protecting workers, pedestrians and commuters.

New bills would include reducing the blood alcohol concentration limit for operating a vehicle when driving, imposing more restrictions on high-risk drivers and requiring a skills course for young and older drivers.

Amber Weilert, a mother from Parkland, described how a drunk driver took the life of her son.

“I am here to be Michael’s voice to support him and make sure that this doesn’t happen again,” Weilert said.

She asked lawmakers to think about her son and pleaded with lawmakers to make roads safer.

Lawmakers from both parties expressed support.

“I’m here because safety isn’t a partisan issue. It’s about all of us working together,” said Sen. Curtis King, R-Yakima. “When you look at a list of bills that are here. Most of them may have a Democratic sponsor, but I can tell you there are numerous Republican names right behind it,” he said.

The coalition backing the package includes: Inslee, Rep. Jake Fey, D-Tacoma, King, Rep. Andrew Barkis,



Senator Marko Liias speaking at Legislative Press Conference on Transportation Issues on January 26, 2023. SOURCE: Senator Marko Liias’ political Twitter account.

R-Olympia, Sen. John Lovick, D-Mill Creek, and Rep. Sharlett Mena, D-Tacoma.

Many roads in Washington, like the one in Parkland where young Michael Wielert died, do not have sidewalks for pedestrians and cyclists to use, according to bill advocates, and that puts people at risk.

“Our transportation system is not safe. People from all communities across the

state of Washington are being injured and killed at unacceptably high rates. We cannot be numb or complacent to this,” said Kelsey Mesh, the Deputy Director of the Transportation Choices Coalition.

Inslee’s proposed 2023-25 budget includes \$3 million to build nine crosswalk signals along SR-7, including Pacific Avenue in Parkland where Weilert’s son died.

The highest number of traffic-related fatalities Washington has seen since 1990 were recorded in 2022 when traffic accidents claimed 745 people.

“We have a team assembled here behind me, and I believe that the state Legislature this year will take significant steps to reduce this carnage on our highways,” Inslee said. “At least half of the deaths on our roadways are caused by impaired people, which is

Continued **PAGE 07** >>



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Lynnwood Councilman Joshua Binda found guilty of violating campaign finance laws

By KIENAN BRISCOE

OLYMPIA, Wash., January 26, 2023—The Washington State Public Disclosure Commission (PDC) found Lynnwood Councilman Joshua Binda guilty of two separate PDC violations and imposed a \$1,000 fine at its public hearing Thursday, January 26. The violations include using \$2,742 of campaign funds for personal use (RCW 42.17A.445 and WAC 390-16-238) related expenditures as well as submitting a Post-General election C4 report 280 days late (RCW 42.17.235 and .240).

The PDC further offered a \$500 waiver to the \$1,000 fine under the condition that Binda remains clear of any additional violations and pays the amount due in a timely manner – typically within a four-year period which would last until the next election cycle.

Susie Giles-Klein, Assistant Attorney General, recommended a \$2,000 penalty with a \$1,000 waiver sharing the seriousness of the violation for personal use. However, the board felt a lesser fine amount was warranted.

Commissioner Fred Jarrett, Chair of the PDC Commission, suggested an imposed \$2,000 fine with \$1,500 suspended, however his suggestion came after the original motion had already been moved and seconded. Commissioner Allen Hayward expressed concerns that the fine being so small might leave the impression that filing a C4 report 280 days late is acceptable echoing some public comments made earlier in the day by independent journalist Glen Morgan.

“If the fines administered in this case by the PDC are so low that they mock the campaign financials from the beginning I think it’s only going to encourage, in fact I guarantee it’s only going to accelerate, a lot more open and blatant violations like this,” said Morgan earlier in the hearing.

Despite these concerns the Commission voted for the penalty unanimously with Chair Jarrett sympathizing with Binda being a first-time candidate, reflecting on his own history in politics as having a “steep learning curve.”

“I look forward to continuing to move forward and take this as a learning lesson and I understand the severity of this,” said Binda after his penalty was decided.

Jarrett was appointed in 2019 by Governor Jay Inslee after leaving King County Executive Dow Constantine Office as its Senior Deputy Executive. Prior to working for Constantine, he was a 30-year elected official.

The decision came after the Public Disclosure Commission (PDC) staff opened a formal investigation and held an Initial Case Status Review



Photo of Lynnwood City Councilman Jopsh Binda,

hearing, January 20, 2022, concerning three separate complaints filed against Lynnwood City Councilman Joshua Binda.

Back in November the Lynnwood Times obtained PDC files exhibiting Binda recorded almost \$4,848.19 in expenditures towards rent, towing fees, concert tickets, jewelry, laptops, airfare, groceries, dental work, haircuts, and office furniture. Another expense, totaling \$1,563.58 was paid to Versace (an Italian luxury fashion company).

In addition to the thousands in suspicious expenses, another \$4,952.12 was recorded as “Expenses of \$50 or less.” This would equate to at least 100 expenses of \$50 or less to which Glen Morgan told the Lynnwood Times, “Is an odd amount.” However, Binda later assured the Lynnwood Times these expenses were campaign-related although no proof of his claim was provided. Out of these transactions the PDC, following their lengthy investigation, found at least eight of them to be for personal use and not campaign related.

When questioned about campaign expenses being recorded to pay for rent and a \$163 haircut, Binda told the Lynnwood Times in 2021, “I am not the only one that runs my account, so I would have to ask my campaign manager and would have to talk with him about all of my expenses.”

When asked if someone was advising him on recording PDC expenses, Binda abruptly ended the conversation with our reporter.

places,” Parris wrote to the Lynnwood Times.

Andy Lo, listed as treasurer for the Binda campaign, confirmed with the Lynnwood Times that he separated with Binda just after the Primary election in September of 2021. Lo is an experienced and prominent campaign Treasurer within the state of Washington.

“It is extremely uncommon for professional treasurers to resign in the middle of a campaign,” Conner Edwards, Campaign Treasurer wrote, “This strongly suggests that either: a) Lo noticed that campaign funds were being used for prohibited purposes, asked Binda to correct the behavior/ refund the money, Binda refused to do so and Lo resigned in response, or b) Binda asked Lo if he could use campaign funds for personal items, did not like the answer he got from Lo, fired Lo, and spent the money anyways.”

According to the PDC’s follow the money online database, Lo has worked on over 100 campaigns since 2013 and received over \$225,000 in compensation over that period. He has provided Treasurer services to senators Steve Hobbs (LD-44) and Manka Dhingra (LD-45), Snohomish County Superior Court judges, and King County Prosecuting Attorney Daniel Satterberg.

Lo told the Lynnwood Times that he was aware of the questionable campaign expenses and did not want to share why he ended Treasurer services with the Binda campaign; however, according to PDC filings, besides a car tow expense in the amount of \$411.57 from Mary’s Towing in June 2021, questionable charges became frequent starting August. Expenses identified as “suspicious” comprised 37% of Binda’s campaign expenses during

Continued PAGE 12 >>

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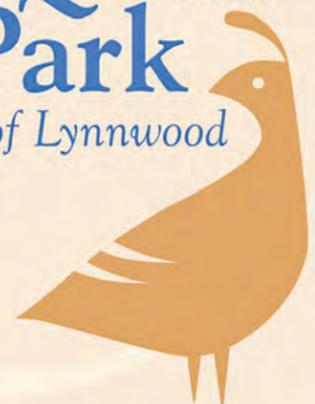
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Brilliant Senior Living

Lynnwood Times 2022 Persons of the Year: Jesse Hayes, Olympia Edwards, and Karina Gasperin

By KIENAN BRISCOE

SNOHOMISH COUNTY, February 2, 2023—Each year the Lynnwood Times selects one outstanding Snohomish County resident as Person of the Year to celebrate their achievements, ongoing community service, and unrivaled contributions to our community.

After careful deliberation, The Lynnwood Times is proud to award three residents as 2022 Persons of the Year for the first time since this title's inception: Jesse Hayes for his work in diversifying the aerospace industry through his Mukilteo-based flying club; Olympia Edwards, for mentoring young women of color to be empowered and have a voice; and Karina Gasperin for her continued work in Snohomish County's Latin community and instructing women how to start their own business.

JESSE HAYES

Hundreds of students have been soaring through the skies over Mukilteo with the Red-Tailed Hawks Flying Club since Jesse Hayes found it in 2013. The club, which serves underrepresented communities in the area, has ignited a passion for aerospace in many of its young students.

"It's definitely an honor," Hayes told the Lynnwood Times when notified of his selection as Person of the Year. "I'm hopeful that others will lead by whatever example I'm leading to inspire others to give to the community wherever they can."

"Jesse is such an integral part of the Mukilteo community," Mukilteo Mayor Joe Marine told the Lynnwood Times when asked to provide a statement on Hayes' contribution to Mukilteo. "His work to educate underserved and underrepresented youths about the world of aviation is honorable, and we are lucky to have him dedicate his services here in Mukilteo. Jesse is so deserving of this award for his outstanding service to our community."

The flying club operates under the Black Pilots of America (BPA), Inc., a non-profit organization established in 1997. As the first BPA chapter in Washington, the "Red-Tailed Hawks" title is a reference to the Red Tail Tuskegee Airmen and the Seattle Seahawks football team, according to founder Jesse Hayes.

An arm of the BPA, the Red-Tailed Hawks Club follows a larger goal of empowering people of color to pursue aviation and other STEM opportunities, but their inclusive message remains — all are welcome.

"You know, this industry is one that is diverse and inclusive," Hayes told the Lynnwood Times. "We do have an affinity for Black people. But we but we are very diverse."

Hayes, also a U.S. Air Force Vet, grew up around airplanes, the son of a pilot who flew in the mid 1960's and started the Bronze Eagle Flying Club in 1968



At the 50th annual Operation Skyhook flying competition, held this year at Grider Field, Arkansas, that the Red-Tailed Hawkes took second place overall. Pictured (L-R) Dr. Jesse Hayes and Jaylen Palmer. Photo courtesy of Jesse Hayes.



Olympia Edwards, Founder and CEO of Project Girl Mentoring Program. Photo courtesy of Olympia Edwards.

in Houston, Texas, a chapter of Black Pilots of America that still exists today.

When Hayes moved to Washington, he left the Bronze Eagles and started the Red Tailed Hawkes to better reach underrepresented youth.

Currently less than 2% of the pilots in America are Black, and less than 6% of the pilots in America are women. While Hayes was working for the Boeing Company he could count on one hand the number of Black engineers working for major aerospace companies, he said, and "didn't even need a hand" to count the one Black pilot he knew. Whenever he

would bring this up to employers he mentioned they always had the same answer: They couldn't find qualified Black people to fill these roles. In that moment he decided he wasn't going to let them have that excuse.

"I'm going to do everything I can to make sure the pool of qualified people is bigger, not that they're weren't a pool of qualified people to begin with, so people who want the opportunity have the opportunity," Hayes said.

Since founding the Red-Tailed Hawks Flying Club ten years ago Hayes has helped over 5,000 underrepresented kids find their wings with no plan of

slowing down.

"I'm trying to build something that will be around long after me so this is, prayerfully, a longterm, longstanding institution in the Pacific Northwest," said Hayes.

OLYMPIA EDWARDS

Olympia Edwards founded Project Girl where young women of color are provided a safe place to feel appreciated and connected. Through various resources including mentorship, counseling, life-skill coaching, and even working with courts to get troubled teens' lives back on track. At Project Girl, young women of color are empowered to be proud of themselves.

"Historically and systemically women of color aren't represented," Edwards, Founder and CEO, told the Lynnwood Times. "Here we're providing a space where their life story and their life journey doesn't have to be what society thinks of them. It doesn't have to be a struggle. They're entitled to a comfortable life; they're entitled to a fruitful life. We're trying to change that narrative and that's why it's important for Project Girl to be here."

It all started with a vision Edwards had when she was working with teens in crises shelters. She noticed a lot of the girls she helped, lacked coping skills and a safe community space.

"I gotta do something," she told herself.

Edwards began partnering with school districts around the area in 2012, offering an after school mentorship program for women of color a place to hang out, do their homework, and talk about whatever's on their mind. But all of that changed when the pandemic shut down in 2020.

While Edwards continued offering mentorship to girls remotely, she realized a lot of them still needed a safe place to build a sisterhood, to have a fresh meal, or whatever else they needed in their personal or family life. She began searching for a facility and opened her first Project Girl location in Lynnwood at 4114 198th St SW Suite 4.

Edwards' tremendous impact on her community is not limited to the walls of Project Girl, however, including partnering with Nubian Jam, her Level Up Program, and holding speaking engagements at the Students of Color Career Conference. Most recently she adopted a street in Lynnwood for Martin Luther King Day where she, with the help of several volunteers, helped beautify Alderwood Boulevard by collecting approximately 15 bags of trash.

When she's not engaging in her community and giving young women of color a voice, Edwards enjoys gardening, biking, painting, and hanging out with her friends and family.

"Know that you are loved and there

from page 6 **PERSONS OF THE YEAR**

are people out there that care for you,” Edwards wished to impart on youths in her community. “Seek out those partnerships and those relationships and go into that.”

KARINA GASPERIN

Karina Gasperin, a Lynnwood resident of over 21 years, was born in the city of Cordoba, Vera-cruz, Mexico. She studied Communication Sciences at the University of Valle de Orizaba and is the third generation of radio broadcasters in her family founding Oye Producciones with her husband, Jorge Vazquez, in 1996.

“I feel really excited [to be selected as Person of the Year],” Gasperin told the Lynnwood Times after hearing the news. “I’m so used to work, work, and doing things for the community that I wasn’t expecting anything in return.”

Currently Gasperin is the Executive Producer and the main Host of Actitud Latina Seattle (a lo-cal TV show broadcast by Azteca America and Latino Alternative TV), Co-Founder of Washington Hispanic Media Association (WAHMA), and Co-Founder/Executive Director/Producer of the AfroLatino Festival, which takes place in Lynnwood each year.

Statewide, Karina has received several



Karina Gasperin addressing attendees at the AfroLatino Festival in Lynnwood on August 7, 2021. Source: Lynnwood Times/ Kienan Briscoe.

awards for her valuable contribution to the Community and for her dedication and inspiration to new generations including the Molina Health Care Champions Award, the 2010 U.S. Census Campaign, and recognition from the Shoreline Police Department.

“If you change the life of one person you change five people at the same

time,” Gasperin told the Lynnwood Times.

She enjoys providing services with educational topics to the Hispanic Community in the State of Washington most recently through workshops for women, instructing them how to start their own business and be their own providers. Her next focus will be on

improving her community’s mental health through similar workshops.

Gasperin’s community service began over 20 years ago but really took off when COVID hit, she said, opening her own food bank on Saturdays where she served more than 9,000 food insecure families

from page 3 **SAFER ROADS**

not acceptable to see.”

Senate Bill 5002, sponsored by Senator John Lovick (D-Mill Creek), co-sponsored by Sen. Jim McCune (R-Graham), reduces the breath or blood alcohol concentration limit for operating a vehicle from 0.08 to 0.05. This includes driving under the influence of liquor, cannabis or any other drug.

“Drunk driving is a choice. You make a choice to drive drunk, and it should be embarrassing for all of us that we are losing one person every single day on our roads. By this time tomorrow, two people will be dead,” Lovick said.

To enforce these laws, Inslee said it is essential to have more regional criminal justice training centers and more trained officers.

“We owe these people safety when they’re taking care of our safety. We need additional law personnel to do the work that is necessary to remind people to be safe,” Inslee said.

Senate Bill 5272, sponsored by Senator Marko Liias (D-Mukilteo), and co-sponsored by King authorizes the use of speed safety camera systems in state highway work zones.

An additional bill, Senate Bill 5583, introduced by Liias, will require young drivers at the age of 18 to 25 to take driver’s education courses. Young drivers are the most dangerous group of drivers, and lawmakers believe that a stronger emphasis on driver’s education can reduce the number of accidents, he said.

Senate Bill 5560, introduced by Senator Sam Hunt (D-Olympia), creates a program where an older driver may voluntarily surrender their driver’s li-

cense before the expiration date to receive a new ID card at no cost. The bill defines an older driver as someone age 70 or older. The bill also authorizes the Department of Licensing to shorten the time period by which the driver’s license of an older driver expires and allows the department to require older drivers to successfully complete a knowledge and skills refresher course.

Representatives from the Washington State Patrol, lawmakers, Inslee, construction workers and members of advocacy groups including Disability Rights Washington, WA Bikes, Transportation Choices Coalition, and labor

from page 2 **BOEING**

news! Northwest Washington is home to the best aerospace workers in the world, and local communities and the regional economy stand to benefit as Boeing transitions to building a new legacy through the assembly of MAX aircraft in Everett. As the demand for air travel continues to grow, I remain committed to working with regional leaders and partners to retain and create more union jobs and ensure the Pacific Northwest remains the aerospace capital of the world.”

Dave Somers, Snohomish County Executive released the below statement:

“I have long said that Snohomish County’s aerospace future is secure and bright, and today’s announcement just confirms that reality. We appreciate Boeing’s partnership and their incredible contribution to our community and economy. As we say a fond farewell to the Queen of the Skies, we welcome her younger sibling, the 737 MAX. We will continue to be the heart of the global aerospace industry and look forward to the innovations that will continue to thrive at Snohomish County’s Paine Field Airport.”

representatives attended a press conference January 26 in support of the slate of traffic safety bills.

“When we make roads safer for users, we particularly make them safe for people who walk and bike. And we’re happy to have our partners and legislature and the governor’s office to ensure people will get home safe,” Lee Lambert, executive director of Washington Bikes and Cascade Bicycle Club, said.



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New \$1 coin to feature Native American ballerinas

By KIENAN BRISCOE

The United States Mint announced a new \$1 coin will be releasing this year featuring esteemed Native American ballerina dancer, Maria Tallchief, along with four others representing the Five Moons – an Oklahoma-based group of Native American ballerinas during the 20th century.

The coin is the latest addition to the U.S. Mint’s Native American \$1 Coin Program which began in 2009. Authorized by the Native American \$1 Coin Act (Public Law 105-124), which was signed into law in 1997, these coins feature designs celebrating the important contributions made by Indian tribes and individual Native Americans to the history and development of the United States, according to the U.S. Mint.

This year’s coin features Maria Tallchief, a member of the Osage Nation and one of the Five Moons ballerinas that had tremendous success in their art while defying racial barriers, opening the door for women of color in the ballet industry, and helping shape ballet in America during the 20th Century in general.

Alongside Tallchief was Myra Yvonne Chouteau, Rosella Hightower, Moscelyne Larkin, and Tallchief’s sister Marjorie. Although Tallchief is the only name featured on the coin, releasing later this year, it is suggested the four other dancers in the background are the other members of the Five Moons. Each of these women performed with the Ballet Russe de Monte Carlo before pursuing successful careers both on stage and in leadership roles with companies like the New York City Ballet, American Ballet Theater, Tulsa Ballet, Oklahoma City Ballet, and the Paris Opéra Ballet.

A bronze sculpture was even erected in Tulsa, Oklahoma, in 2007 to honor the Five Moons and several dance festivals



The 2023 Native American \$1 Coin is: Maria Tallchief and American Indians in Ballet.

in their name occur frequently. The sculpture, however, was unfortunately destroyed by thieves in 2022.

Tallchief, who is considered America’s first major prima ballerinas and is said to have revolutionized ballet, was inducted into the Women’s Hall of Fame in 1996, and received a National Medal of Arts in 1999. Tallchief passed away in 2013 due to complications related to a dancing injury she sustained the year prior.

Since 2009 one coin has been added every year to the Native American \$1 Coin Program beginning with the Three Sisters of Agriculture in 2009 and followed by the Great Tree of Peace in 2010, Wampanoag Treaty With Plymouth Bay in 2011, Trade Routes in 17th Century in 2012, Delaware Treaty of 1778 in 2013, Native American Hospitality to Lewis and Clark in 2014, Mohawk Ironworkers in 2015, Code Talkers in 2016, Sequoyah in 2017, Jim Thorpe in 2018, American Indians in Space in 2019, Elizabeth

Peratrovich in 2020, Military Service in 2021, and Ely Parker in 2022. The coins can be used as legal tender but are mostly intended to be collectibles.

The program builds on the Sacagawea Golden Dollar, released from 2000 to 2008, which featured a portrait of Sacagawea carrying her infant son, Jean-Baptiste, on the obverse (heads side) and an eagle on the reverse (tails side). While the reverse side of these coins changes year-to-year the obverse side retains the central figure of the Sacagawea design with the inscriptions “Liberty” and “In God we Trust.”

Like Presidential \$1 Coins, Native American \$1 Coins have a distinctive edge, are golden in color, and feature edge-lettering of the year, mint mark and E PLURIBUS UNUM.

During the years of the program that correspond with the Presidential \$1 Coin Program, Native American \$1 Coins will be issued, to the maximum extent practicable, in the chronological

order in which the Native Americans depicted lived or the events recognized occurred, the U.S. Mint said.

The Native American \$1 Coin Program coins will be issued in any order determined to be appropriate by the Secretary of the Treasury after consultation with the U.S. Senate Committee on Indian Affairs, the Congressional Native American Caucus of the U.S. House of Representatives, the Commission of Fine Arts and the National Congress of American Indians, and after public review by the Citizens Coinage Advisory Committee.



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Snohomish County Arts & Culture grants now available

By SNOHOMISH COUNTY GOVERNMENT

EVERETT, Wash., January 31, 2023 – The Snohomish County Arts and Culture Grant is now open for applications and closes on March 3, 2023. Grant winners will be reimbursed for up to \$2,000 in eligible expenses for projects completed by December 31, 2023.

The Arts Commission conducts the competitive review process and recommends funding allocations from the \$36,000 of funds allocated for projects that advance arts education, performance, and artist fellowship opportu-

nities.

Eligible applicants include government agencies and 501(c)(3) non-profits, who can apply directly and/or as fiscal sponsors for applicant groups and individuals. Proposed projects must fall within one of three categories: Arts Learning, Cultural Enrichment and Performing Arts, or Fellowship. All applicants must be over the age of 18 years old at the time of application. Projects for underrepresented populations and first-time applicants will receive priority consideration.

The Snohomish County Arts Commis-

sion reviews and recommends awards for projects that best align with the commission’s values and goals, including equitable benefits to the public in Snohomish County; celebrating and promoting a diversity of cultural expression; broadening the definition of art and culture; providing easy access to arts and education; connecting artists and communities; supporting local artists; and forming strong partnerships.

Projects funded in 2022, included the creation of the Shoultes Elementary electronic piano lab for the Marysville School District, and funds to Music4Life, a non-profit that refurbishes and donates musical instruments to public school students across the county.

Applications are available online at: <https://www.snocoarts.org/grant-opportunity> or by contacting Annique Bennett, Communications Specialist at Annique.Bennett@snoco.org.

ABOUT THE SNOHOMISH COUNTY ARTS COMMISSION

The Snohomish County Arts Commis-

sion oversees the county’s arts program and serves as an advisory board. Its mission is to promote artistic diversity, expand access to arts education, support local artists, and encourage an understanding of cultural expression. Through the arts’ ability to foster empathy and respect, our communities grow/become closer to each other and their environment. www.snocoarts.org.

ABOUT THE SNOHOMISH COUNTY DIVISION OF PARKS & RECREATION

The Snohomish County Parks system is incredibly diverse and boasts almost 12,000 acres of parks and open space; over 121 park properties; 100s of miles of trails and access to fresh and saltwater shorelines.

Major regional park assets such as the Evergreen State Fair Park, Kayak Point County Park, Lord Hill Regional Park and the Centennial and Interurban Trail systems host local, regional and national events that draw millions of visitors each year to Snohomish County. www.snocoparks.org.

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She herself suffered from IBS in her early twenties while she was studying chemistry in graduate school. She was dismissed by Western medicine, either telling her "You are too young" or "everything is normal, it is all in your head." Yet she was suffering and as a last-ditch effort, she went to a local naturopathic doctor and acupuncturist, who literally saved her life. She finally felt heard and realized that there was hope. Her doctor found what the root cause was and used acupuncture as one of the tools to help her heal. She realized the immense value of acupuncture in healing the body and she wanted to provide that same high level of care to other people. She changed her career focus and became a Naturopathic Doctor and Licensed Acupuncturist to help others with complex cases live their best lives, pain-free.

Dr. Heintze has helped hundreds of patients in her private practice since 2013 at Starting Point Acupuncture in Bothell. She treats a variety of patients; those with complex conditions like neuropathy and migraines and those who require surgery but would have a difficult time going under the knife or have simply decided they would rather explore other options. Which is where her claim "the last resort with the best results" comes in.

Dr. Heintze conducts consultations for each patient she sees to make sure she understands their health history and needs. This allows her to craft a comprehensive treatment plan for them which will give them the best possible results.

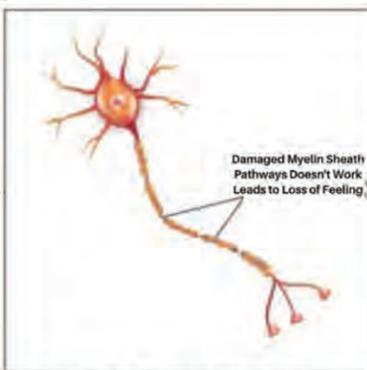
"I have the best job in the world," she adds. "I change peoples' lives. I don't know how to convey the incredible enthusiasm that I feel about that in words."



You can find additional information about the clinic and treatments offered by visiting www.StartingPointAcupuncture.com or calling the clinic at (425) 403-7943, where one of Dr. Heintze's amazing staff can answer any of your questions and schedule your consultation.

NUMBNESS? TINGLING? PERIPHERAL NEUROPATHY?

The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms like Gabapentin, Lyrica, Cymbalta, and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



UNHEALTHY NERVE CELL

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling, and the most debilitating balance problems.

This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow. As you can see in Figure 2, as the blood vessels that surround the nerves become diseased, they shrivel up. This prevents the nerves from getting the needed nutrients to continue to survive. When these nerves begin to "die" they cause you to have balance problems, pain, numbness, tingling, burning, and many additional symptoms.

Three Factors to Effectively Treat Neuropathy:

- 1.) Underlying Cause?
- 2.) Amount of nerve damage sustained?
- 3.) How much treatment is required?

Three goals of treatment at Starting Point:

- 1.) Increase Blood Flow
- 2.) Stimulate fiber nerves
- 3.) Decrease brain-based pain

The main problem is that your doctor has told you to just live with the symptoms or try the drugs which you don't like taking because they make you feel uncomfortable. However, there is hope for reducing your neuropathy symptoms!

There is an integrative clinic practicing in Bothell for over 10 years that offers you hope without taking those endless drugs with serious side effects.

The treatment to increase blood flow utilizes several specialized therapies including ATP Resonance BioTherapy™ and specific acupuncture protocols. The ATP therapy is like watering a plant. This therapy will stimulate blood flow to aid in the health of the nerves. The amount of treatment needed to allow nerves to heal and recover varies from person to person and can be determined after a detailed neurological and sensory evaluation, which we do at your first visit.

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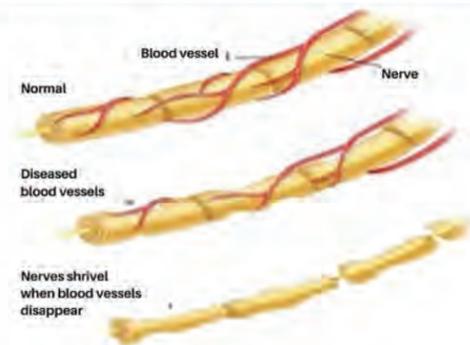


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

Dr. Heintze, founder of Starting Point Acupuncture & Wellness, will do a neuropathy severity evaluation to determine the extent of nerve damage. This exam consists of a detailed, sensory, vascular testing, and an analysis of neurological findings.

Specializing in chronic pain and complex cases, specifically those that have been deemed 'hopeless' or 'untreatable', she consistently generates unparalleled results. If you feel you are missing out on life, it's time to call, (425) 403-7943 to see if you are a good candidate for care.



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Meadowdale High School winter play is a reminder that performing arts should never be overlooked

By KIENAN BRISCOE

LYNNWOOD, Wash., January 16, 2023—Although still in high school, the talent of the cast of Meadowdale Drama's adaptation, *The Curious Incident of the Dog in the Night-Time*, are beyond their years. To properly execute the multiple layers and complexity of a play like this requires a talented and intuitive cast paired with an intelligent and visionary director—lucky for its audience, this production had both!

For those unfamiliar, *The Curious Incident of the Dog in the Night-Time* is the dramatic adaptation of Mark Haddon's novel of the same name which published in 2004.

The story follows Christopher Boone, a 15-year-old English boy who embarks on solving the murder of Wellington—his neighbor's dog who was fatally stabbed with a garden fork. The play is uniquely told through Christopher's mind resulting in a sort of play-within-a-play experience. Although never specified, it is strongly suggested that Christopher falls within the autism spectrum and in Haddon's original novel there is even a blurb referencing Asperger syndrome—now called Autism Spectrum Disorder.

It was important to Jacqueline Meyners, Director of the play and Meadowdale High School Drama Instructor, to feature proper autism representation in her cast which led to her decision to cast Josh Kretz, an autistic actor, as Christopher. Despite the strong suggestion that Christopher falls within the autism spectrum the first openly autistic actor to play him on stage wasn't until 2017 with Mickey Rowe (a Seattle native) at the Indiana Repertory Theater.

"It is our responsibility as educators, artists, and humans to tell stories in the most authentic way possible," Meyners wrote in her Director's note.

It was clear by Kretz's performance of Christopher that he had dedicated a great deal of time to not only learn his many lines of course, but deeply think about how to bring his character to life in a way many young actors often lose sight of. Subtleties such as posture, the way he walks and moves, what he does with his hands when standing idle, how he acts with his face and body when another character has the spotlight. These are just some of the idiosyncrasies Kretz brings to the stage demonstrating he is not only a deeply analytic actor but also has the talent to back up his theory.

Kretz's performance is believable, vastly emotional, and somehow manages to perfectly execute what it's like to live, day-to-day, in the shoes of a boy overstimulated by the world around



Josh Kretz (center) with cast of Meadowdale Drama's adaptation, *The Curious Incident of the Dog in the Night-Time*.



Josh Kretz (right) and Jocelyn Myrick (left) in Meadowdale Drama's adaptation, *The Curious Incident of the Dog in the Night-Time*.

him, the never-ceasing thoughts within him, and how he manages to overcome tough life hurdles when something as minute as getting on a train can take everything you have.

While the entire cast is great, Daryna Ilyashenko as narrator, Nick Irwin as Ed Boone, and Jo Ray as Judy Boone are three performances that deserve specific attention second to Kretz.

Irwin's portrayal of Christopher's father, Ed, accurately interpreted the subtext that gives the part blood—a father trying to balance raising a neurodivergent child single-handedly while dealing with his own problems after being abandoned by his wife who left the family for another man. Irwin brings a multi-layered performance to this character that leaves the impression the character is managing his demons well, and also loves his son very much despite whatever challenges and stress he brings.

Ray's depiction of Christopher's mother Judy as smug, posh, and somewhat selfish provides insight as how mother could walk out on the family—although never explicitly stated in the

ative approach to illustrating the inside of an autistic boy's head—cubes and grids, trivial physics formulas, train schedules, and constellations scribbled on boards, and an upper level connected by Tetris block stairs (each of these things are referenced somewhere in the story).

One of the smartest, and more creative approaches the play's direction took, however, is its use of props. Instead of physical objects, actors themselves played the part of props from a microwave; to an escalator; to a door; to even a train and the landscape it sped through. Having to bend their bodies into different shapes and create different sounds required a level of physical acting talent that warrants a special applause even for the production's extras.

While *The Curious Incident of the Dog in the Night-Time* is not without its humorous moments, it is first-and-foremost a drama about a boy who has trouble making sense of a world that is already hard to make sense of. What starts as a whodunnit murder mystery eventually morphs into a journey, both internal and external, toward self-discovery.

Beginning as a character who couldn't even take his first step on a train, to one who is confident to do anything, *The Curious Incident of the Dog in the Night-Time* is both an important window into the inner workings of autistic minds, but also a lesson in tenacity. What's more, Meadowdale High School's performance and its many layers that could easily be missed with a less talented crew, just goes to show how important high school arts are and how much talent lies within these departments.

The play ran three evening showings from January 12 through Saturday, January 14, packing in a mixed-aged crowd of hundreds.

The Meadowdale Drama Department will return to the stage on May 11 through 13 with *Newsies*, and *DramaFest* on June 9.

The set, while kept minimal, was a cre-



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Archbishop Murphy High School's newest film 'Varsity Squad' premieres this Friday

By KIENAN BRISCOE

EVERETT, Wash., January 30, 2023—The Archbishop Murphy High School (AMHS) Fine Arts Department's latest feature film, Varsity Squad, premieres at the PUD Theater this Friday, February 3 with an additional screening Saturday, February 4. Tickets for the PUD showings can be purchased at <https://www.am-hs.org/student-life/arts/varsity-squad>.

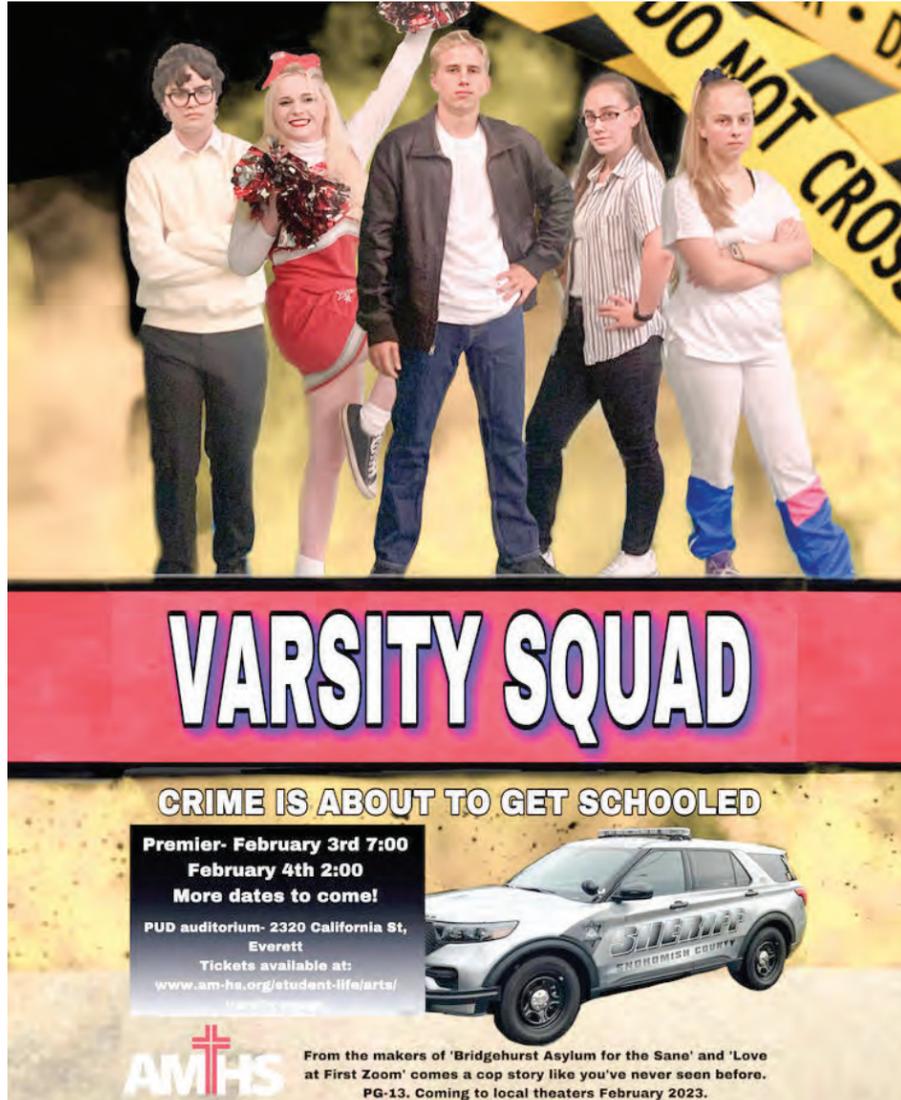
The film follows a group of undercover cops who, in an attempt to break a potential racketeering ring, use a "de-age"ing device to infiltrate a local high school disguised as teens. The film stars many returning actors from the department's previous film including Steven Locke, Emily Crawford, and Emma Weller. Brent Steiner, AMHS Drama Instructor, also returns as writer and director.

Working in tremendous cooperation with the school was the Snohomish County Sheriff's Office who lent their name to the film's, fictionalized, police agency, let the crew film with their vehicles (including a helicopter), and even featured several Deputies as actors in a hand full of scenes.

The idea for the story came from Steiner's upbringing in the 1980's paired with his interest in cop shows like Brooklyn Nine-Nine. During both the writing and directing process, Steiner tried to include students as much as possible, being first and foremost a student-led project, using many of their jokes and challenging his two student directors to put together a crew, run sound, and even direct entire scenes themselves. The original score, additionally, was entirely written and composed by students in the AMHS Music Department.

Steven Locke, AMHS Senior, plays the role of Detective Dylan Rath, one of the five lead detectives, while aiding Steiner as First Assistant Director. Locke described his character as the "jokester" of the group while "still getting things done" adding that his role in Bridgehurst Asylum of the Sane, which was his first time acting for film, was very much a learning process he then used for his role in Varsity.

"[Working on Varsity Squad] kind of ruined movies for me because now when I watch them I watch them from a director's point of view, rather than a viewers, so it's a little harder to get immersed in the story" said Locke who plans to study Physiology in college after graduating.



Acting, and directing, alongside Locke is Junior Emma Weller who plays the role of Detective Emily Parker while working as Second Assistant Director. Weller described her character as the "ditsy blond" and drew her inspiration from actors like Lucille Ball and films like the 2010 Cop-Buddy Comedy The Other Guys.

"I want to do a hundred different things before I'm thirty," said Weller when asked if she planned to continue a career in film. "It's whatever I feel like when I wake up. If I wake up and want to become an actress I'll become one, if I wake up and want to work in an office I'll work in an office."

While Varsity Squad is AMHS' third feature film, following Love at First Zoom in 2021 and Bridgehurst Asylum for the Sane in 2022, it is the department's first attempt at comedy: the first a romance and the previous a drama. Writing comedy, Steiner said, is more difficult than other dramas because it is difficult to gauge a joke's effectiveness while practicing it over and over, and without an immediate audience response.

"A lot of times jokes are funny because

there's some unexpected twist to them but directing a comedy, there's no surprises for me [directing it]," said Steiner. "It's challenging but it's rewarding in a different way."

During the pandemic many high school drama departments were forced to put their productions on hold, but Archbishop Murphy High School turned to feature films as a way to reach audiences remotely. After the success of its first film, Love at First Zoom, the Department returned with Bridgehurst Asylum for the Sane last year which was even picked up by New Jersey-based production company, BayView Entertainment, releasing it on DVD and several streaming platforms. According to Director Brent Steiner, the same company has expressed interest in distributing Varsity Squad.

Typically, the Everett-based private school performs two productions a year – a musical in the spring and a dramatic play in the fall. When Steiner was notified by the school, three years ago, the fall play could not be conducted as a live performance due to pandemic restrictions, he began brainstorming with Program Director Carrie Wright to find alternative options.

"We didn't want a student to go through their senior year of high school and not have that theater experience — when you're in the fine arts program that's an important aspect, at least it was for me when I was in high school," Steiner told the Lynnwood Times.

The two decided they'd take a stab at cinema. It was a way they could still engage the drama department while shooting under COVID-conscious guidelines and reaching an audience without packing an auditorium.

"Love at First Zoom was made out of the need to bring the arts back to AMHS because at the time musicals were kinda off the table because of the global pandemic. Mine and Brent's solution was to create a film that could be made under COVID protocol. After that it became this big thing for students because it was such a unique opportunity," Julia Hawkins, Co-writer of Love at First Zoom, told the Lynnwood Times.

Following the success of the department's first film, they decided to return last year to make Bridgehurst Asylum for the Sane, a thriller about a woman wrongly incarcerated in an insane asylum driven by control, manipulation, and greed.

Three years and three films later, Varsity Squad is the school's biggest production yet, Steiner told the Lynnwood Times, with a fourth film on the way. The details of this next project, however, Steiner was not able to disclose sharing that the writing process is typically a four to six month process and it is still in its "earlier stages."

"I knew that once we opened that can of worms students never would want to go back, and I don't blame them for that" said Steiner, a self-proclaimed "theater purist" who admitted working with cinema has opened his eyes to new ways of storytelling unsupported by the stage.

Varsity Squad premieres at the PUD theater on Friday, February 3 at 7:00 p.m. and again on Saturday, February 4, at 2 p.m. Steiner informed the Lynnwood Times there is a "good chance" it will then go on to show at Stanwood Cinemas before returning to the PUD sometime in March.

Steiner informed the Lynnwood Times he is still in the process of working with other venues for theatrical viewings as well as Bayview Entertainment for eventual streaming and DVD releases.

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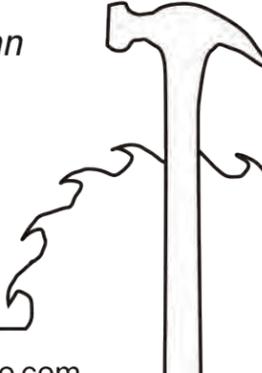
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from page 4 **BINDA**

Lo's tenure as Treasurer, suddenly doubled to 89% of campaign expenses after his departure.

C3 reports tallied \$23,184.19 in contributions from 115 donors – this includes small contributions. Only 19 (16.8%) of Binda's 115 donors are listed with a Lynnwood address and contributed \$2,835 towards his campaign.

Binda's campaign was averaging 21.1 donors per month prior to October 2021. However, after campaign treasurer Lo's departure and during the critical month of October, fundraising grinded to a halt with only three donors contributing \$1,450. This is unusual as the Lynnwood Mayoral candidate Christine Frizzell more than doubled her contributor base within the final four weeks of the campaign along with several other Lynnwood City Council candidates.

Binda has since repaid the full amount spent with personal funds.

As of the publication of this article the Times has yet to receive the requested bank statements requested over a year ago. We will be requesting those from the PDC and may launch a separate independent investigation.

Lynnwood Times reporters met with Binda, November 1, 2021, and campaign consultant and principal partner Riall Johnson, of Prism Washington, who Binda used for

campaign services where Johnson admitted there were a "bunch of mistakes" in Binda's handling of campaign funds.

According to the PDC's follow the money online database, Prism Washington began receiving monies for campaign services in 2018 and by 2021 has recorded over one million dollars in payments from 41 campaigns throughout Western Washington.

Binda shared that he confused his campaign debit card with his personal debit card, stating they look similar, as the reason for some non-campaign related expenses such as a plane ticket and concert tickets. He also shared with the Lynnwood Times that he gave a "campaign volunteer" access to the campaign's debit card which the volunteer used for non-campaign related expenses.

He confirmed with the Times that there is only one campaign debit card and that he will be reimbursing the campaign thousands of dollars in non-campaign related expenses. Binda would not disclose the name of the "campaign volunteer" who used the campaign debit card.

ETHICS INVESTIGATION LAUNCHED ON BINDA FOR ALLEGED UNLAWFUL USE OF CITY PROPERTY

At Monday's Lynnwood City Council meeting on January 23, council passed a motion to move a matter, unrelated to Binda's mishandling of campaign

funds, to the ethics board with Binda abstaining.

As the Lynnwood Times previously reported, it was revealed that Councilman Josh Binda recorded a promotional video for his "Love Conquers All" Tour at the city council chambers and the Everett Herald revealed he received payment for several public speaking events at local schools totaling around \$13,000.

Councilman Binda entered Lynnwood City Hall at 6:20 p.m. on Monday, December 19, 2022, during winter break when offices were closed. According to an email from a city employee alerting Assistant City Administrator Julie Moore of the incident, this raised several "security concerns" for the City.

Councilman Binda was accompanied by an unidentified male who was acting as a cameraman to take video in the lobby, before moving to the Lynnwood Council Chambers. Binda then gave the cameraman his city of Lynnwood ID badge so that the unidentified cameraman could go in and out of the building unaccompanied. Councilman Binda stayed in the council chambers while the cameraman went in and out, according to the city employee.

After three hours, Binda and the unidentified cameraman left City Hall without setting the security alarm "leaving City Hall unarmed all night."

With a mouth half-full with a red sucker,

Binda defended his compensation from public speaking at Monday's meeting, stating that he has been a public speaker for three years, it "had nothing to do with me being a council member."

Binda also stated that his speaking arrangements were agreed upon before he filmed and released his promotional video, yet files obtained by the Lynnwood Times indicate he signed a contract as recently as last week.

It was revealed during the meeting that two similar incidents previously occurred with Binda in the council chambers. The first was in April with Binda bringing in lighting and filming equipment into the chambers. The second incident occurred on June 28, 2022, in which Binda entered the council chambers from 8-9 p.m. and ate food and took videos and selfies.

According to Councilmember George Hurst, who was council president at the time, Binda had conversations with himself, Mayor Christine Frizzell, and City Attorney Lisa Marshall about the incident.

Sometime on January 26, 2023, Binda's Love Conquers All Tour promotional video was removed from his cmjoshbinda campaign account. The City of Lynnwood has informed the Lynnwood Times that it "looped and recorded over" the 3-hour footage of Councilman Binda allegedly using the Lynnwood Council Chambers to film the promo video for his paid tour.

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